

Villa Bulletin
February 2008
No. 64



'Distinctly Canadian' Gala Event

St. Joseph's Villa Foundation will host their 7th Annual Gala Event on Saturday, April 12, 2008 at Liuna Station in Hamilton. This is the Foundation's major fundraising event of the year. Come and enjoy a spectacular evening of fine dining, unique auction items, exceptional entertainment by Canada's leading songwriter/composer, Ian Thomas, and a spectacular celebrity photo exhibition by one of Canada's most popular celebrity-event photographers, Brent Perniac. Tickets are \$175.00 each and can be purchased through the Foundation office at (905) 627-9011 ext. 2293.

Villa Car Show

Work and plans are now underway for St. Joseph's Villa's 2nd Annual Car Show.

The date is Saturday, June 21, 2008, and will again be held on the Auditorium Parking lot. Residents enjoy the chance to look at the older cars again, relive memories, and talk to the drivers. Sonny Sinclair will again join us for the afternoon, singing tunes we all know and love.

Contacts with people who have older cars are needed. It would be great to have the parking lot filled with cars from all eras, and drivers who will interact with and talk to our Residents...shine up the cars, as our folks love to take pictures, too!



If you or someone you know have a car, and would like to bring it out on June 21, please call Michelle Miller, Therapeutic Recreation at ext 2287, so we can add your name to the list!

Custom Fitted Bra Clinic

Statistics say that 85% of women are wearing the wrong size bra! Are you? Now is your chance to find out.

On Saturday, February 16, 2008 from 11:00 a.m. to 8:00 p.m. “*Jeunique Custom Fit Bras*” will be conducting a clinic in the former Residents’ Dining Room for staff, family members and residents. Pre-scheduled fittings are personal and take 20 to 30minutes. All fittings are conducted with no obligation to purchase and there is no separate fitting fee. For those who do want to purchase, a large inventory of all sizes will be available and special orders will be mailed directly to you. Visa, MasterCard, cheque and cash accepted.

To schedule a fitting please sign up at Reception. Call Janet at ext 2233 if you have any questions.

S.I.M Gym Grand Opening

The Grand Opening of the S.I.M Gym at St. Joseph’s Villa occurred on Friday, January 25th, to persons 55 years of age and older in our community. The Ministry of Health Promotion- “Communities in Action Fund” and the Local Health Integration Network proudly supports the new S.I.M. Gym expansion.



Under the supervision of a personal trainer, individual workout and fitness plans will be tailored to meet individual’s goals. Fitness classes are also offered 3 times per week. An on-site Occupational/Physio Therapy Assistant is available for those who could use a little extra help. For more information please contact S.I.M Gym at ext. 2109.

Research Network Personnel Change

Caroline Thomson who worked with The St. Joseph’s Health System Research Network for two years left in August to pursue educational opportunities and has been replaced by Diane Crawshaw. Diane will build on the legacy of valuable work done by her predecessor that included quality improvement initiatives, project evaluation and program development. Diane welcomes any feedback on current projects or ideas for new opportunities. She can be reached at 905 522-1155 X34939 or by email at crawsh@mcmaster.ca.