

Villa Bulletin
July 2009

Pandemic Update



St. Joseph's Villa has been proactive and preparing for the worse case scenario due to the H1N1 Influenza global pandemic. The Villa takes the situation seriously and has performed "mock" pandemic situations with the Senior Management Team to ensure that the gaps in the plan are addressed.

Although the "WHO" has declared a Level 6 Pandemic, the flu cases are extremely mild. The Villa continues to have alerts and self-screening at the entrances. This year, staff and residents will be receiving two vaccinations; one for the H1N1 virus and the other for circulating seasonal flu. Please ensure that the consent forms sent to you this August are returned as quickly as possible to facilitate this process. The Villa will provide updates to residents, staff, volunteers and families as the need arises. If there are questions, please do not hesitate to ask.

Most importantly, if you/ your children have recently been ill, or have had any of the following in the last 24 hours; fever, chills, muscle and joint aches and pains, new or worsening cough, runny nose, nausea, vomiting or diarrhea, to postpone your visit until you are at a minimum 5 days symptom free. Many cold and flu viruses, like H1N1 are highly contagious from 24 hours before symptoms start up until 7 days after the onset of illness. This is how this virus has spread so quickly. Cough etiquette – "cough or sneeze into your sleeves" – and washing hands frequently can help to prevent the spread of illness.



Neil McArthur Memorial Golf Tournament – October 6, 2009 at Dundas Valley Golf & Curling Club. ***This is one tournament you won't want to miss!*** Cost \$225.00 per golfer (includes green fee, golf cart, lunch, dinner, registration gift, mulligan & contests). ***Register early as we sold out in July the last 3 years!*** There are sponsorship opportunities available and we still require live auction items and prizes. If you can help us call Laurel in the Foundation office at (905) 627-9011 ext. 2293 for more information. Proceeds from the tournament will go towards the building redevelopment project and program & services for seniors.

Volunteers Wanted

St. Joseph's Villa exists to assist seniors in maintaining or improving their quality of life, enhance your life and the lives of our seniors. The Program Services Department is gearing up for their summer agenda with our residents. In order to provide fun, safe and excellent programs and services for our seniors, we are always looking for volunteers to assist us in these programs. If you or anyone that you know is looking for a chance to volunteer some of their time please contact the Volunteer Department at ext. 2240.

Transitional Care Units –Assess/Restore Beds – “Back to Home”

The current model of transitional beds will be closed by July 31, 2009. Hospital patients will no longer be admitted to the TCU while waiting for long-term care placement. The patients in the Transitional Care Units are on a high priority list to enter long-term care homes as soon as possible and admissions to this unit have been closed since June 8th.

The Local Health Integrated Network (LHIN) has provided funding that allows for 41 beds for the purpose of “Back to Home” preparation. Patients from St. Joseph's Healthcare and Hamilton Health Sciences Hospitals will come to the 5th floor at the Villa when they no longer need acute care but need further assessment and rehabilitation before they can return home. The goal of the program is to assist patients and their families to manage care at home whenever possible with the help of services from the Community Care Access Centre. This will help alleviate the pressure on hospital beds so they are available to the people in the community as needed. The funding for this program continues to the end of March 2010.

Sundaes On Wednesdays

Special Sundaes on Wednesdays are back in the Tuck Shop---- Flavour of the week will be posted on the board outside the shop on Mondays. It will be strawberry, peach, blueberry sundaes, etc. or banana splits. I scream, you scream, we all scream for ICE CREAM! Don't miss out.



Christmas in July



July 10th is Christmas in July Bazaar in the Tuck Shop from 9:00 a.m. to 5:00 p.m. There will be Christmas gifts, decorations, etc., plus a bake sale. The Silent Auction is always popular.