



St. Joseph's Villa  
Celebrating 130 Years



*Bulletin*

### **Ti-Cat Fan Mabel Don**

Mabel Don has lived at the Villa for five years and she greatly enjoys her time here. The caring staff and volunteers contribute to her life in a positive way and she finds interesting activities to fill her days.

Before moving into the Villa, Mabel Don lived in downtown Hamilton since the end of World War 2. She and her mother arrived from the Prairies looking for work, each finding a job in downtown stores.



As the manager of four gift and cigar stores in Hamilton, Mabel was a busy woman keeping inventory and procedures running smoothly. She recalls downtown Hamilton being decorated for home games of the Hamilton Tiger Cats. Both the stores and staff were decked out in yellow and black to show support for their team. The visiting teams often stayed at the YMCA and would visit

Mabel's gift shop at the Connaught Hotel to purchase gifts to send home to their families. Today Mabel has the Hamilton Spectator newspaper delivered to her at the Villa and she can keep up with the latest news of the Tiger Cats. She spends time doing word puzzles, watching game shows, and she still enjoys decorations for special events like the Diner's Club.

Residents who belong to this club are treated to a special meal served once a month by volunteers. 'It's just like a restaurant' says Mabel, 'You get to try new wines, the food is delicious and of course, you never have to clean up the dishes afterward.' A different menu is prepared each time and according to Mabel, this month's meal of roast beef, gravy and potatoes was especially tasty with really nice table decorations.

She also enjoys the seasonal decorations put up in her room with the help of her good friend, Debbie Held, one of the Villa's housekeepers. Mabel loves how kind Debbie is, going out of her way to visit and help out during the day. Another good friend of Mabel's is Linda Kelly, a Villa volunteer. Mabel also appreciates the kind nurses who create a comfortable atmosphere with their positive outlooks on life. With Mabel's great sense of humour and enthusiasm for her community, her own positive disposition contributes greatly to her enjoyment of life at the Villa.



## June is.....Seniors' Month

### Theme for the Month: "Coming of Age"

In many provinces June is associated with seniors. Many communities across the various provinces pay tribute to seniors by observing Senior's Month. This provides an excellent opportunity to recognize senior men and women who make a viable contribution to society.

Let us recognize and appreciate their many talents, gifts, contributions and the vital role they play in society; in the workplace, in volunteer organizations, in families and communities.



Get involved in the life of a senior - let a senior get involved in your life!

Senior's are beautiful people with so much to offer.

This month celebrate the seniors in your community.

There are many different activities and programs in the month of June, so check your calendars and come participate in celebrating our seniors.

**June 15<sup>th</sup>** is an important date: "World Elder Abuse Awareness Day"

Become aware and do all you can to celebrate and protect our seniors.

### Other Events for June to Celebrate Seniors' Month

June 9 – Residents' Council Annual Meeting

June 16 – Handicraft Show – showcasing the arts and crafts of residents

June 24 – Strawberry Social

June 26 – Car Show

**Don't miss out.**



Thank you to the Ambassadors of Christ for their hard work and efforts planting the beautiful flowers that they donated for the Villa gardens. Please take

the time and visit the newly created garden dedicated to the "Ambassadors of Christ" at the side of the Juravinski wing in the North Tower. It is worth the visit.



### Tee" Time!

**Fundraiser - Neil McArthur Memorial Golf Tournament will be held on Tuesday, October 5, 2010 at Dundas Valley Golf & Curling Club.**

**Cost \$225.00 per golfer (includes, green fee, golf cart, lunch, dinner, registration gift, mulligan & contests).** Sponsorship opportunities are available and we are looking for prizes for the winning teams. For more information contact the Foundation office at (905) 627-9011 ext. 2293.

