



Villa Bulletin March 2009

Attention Family and Friends of St. Joseph's Villa Residents!

The next Family Council meeting is on Monday, March 16 at 1:00 p.m. Beverly Greenwood from Pastoral Care will be presenting in regards to the Mission of St. Joseph's Villa. The meeting will take place in the Villa Boardroom on the Ground Floor. Please feel free to attend, newcomers always welcome!

New Year's Resolution Time! The S.I.M Gym is looking for YOU!



Improving fitness and stamina is essential for good health. Improving our fitness level can help reduce blood pressure, reduce our risk of falls and improves our over-all sense of well-being. If you are 55 or over, membership is only \$35/month and includes Tai Chi, Yoga, Strength and Balance Classes. Our personal trainer will create a plan just for YOU. Make arrangements for a tour by calling X2109. Stay Healthy!

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PSW / HCA Staff Reassignment

The idea of staff moves was first introduced to residents and families in the fall of 2008. After receiving valuable feedback from residents/families and staff, the Nurse Management Team decided to reconsider how the move process would occur and how to disseminate the information.

During the past few months, Managers have had numerous discussions with staff regarding the reassignment of personal care staff. One of the reasons for wanting to reassign staff is to give them the opportunity to have different work experiences, including working with different residents and families. The moves will also allow a needed break from “heavy” care areas, thus permitting opportunities to bring fresh / new ideas into the home environment, and also to encourage staff collaboration.

Based on the suggestions from staff it has been decided that to create a “neighbourhood” feel to the home areas, the twinned home areas will function as one “neighbourhood” and the staff will rotate between the two home areas. This model will ensure greater staff consistency as now there will be a team of 20 staff who are familiar with the resident / family instead of a team of 10 staff. The staff schedules will not change and they are able to work with various team members. The reassignment of staff will take place March 16, 2009. Willow Grove, Pine Grove and Birch Trail home areas will not be participating at this time. This message will be presented to Family and Resident Councils in March.

Nurse Management Team

A Celebration of 130 Years

Join the Foundation at the 8th Annual Gala Event

Friday, April 24, 2009

Liuna Station

Honourary Chair: Canadian Actress/Comedian

Jane Eastwood

Entertainment:

The Tartan Terrors

Tickets: \$175

Reserve Your Tickets Now by calling 905-627-9011

ext. 2293 or fax 905-627-8978

Or email l_greene@sjv.on.ca

