

**Villa Bulletin
May 2009**

Medical Advisory - Swine Flu

St. Joseph's Villa has been proactive and preparing for the worse case scenario due to the following situation. In Canada there have been ten laboratory confirmed H1N1 Swine Influenza cases reported by the Public Health Agency of Canada to date. Four cases of Swine Flu have been confirmed in Ontario.



You will **see** signs and hand washing stations at each entrance.

There are “alerts” posted in the Villa due to the highly contagious nature of Influenza, a respiratory illness. As at any time of the year, please remember our at risk population!

Follow the guidelines below:

If you have a new or worse cough or shortness of breath and/ you have had the chills, fever or stomach upset in the last 24 hours –

PLEASE DO NOT VISIT UNTIL YOU ARE WELL OR HAVE BEEN SEEN BY DOCTOR

If you have travelled to Mexico in the last ten days or have come into contact with a sick person who has travelled to Mexico or another affected area – postpone your visit and talk to your local Public Health Department.

ALL PERSONS ENTERING FACILITY

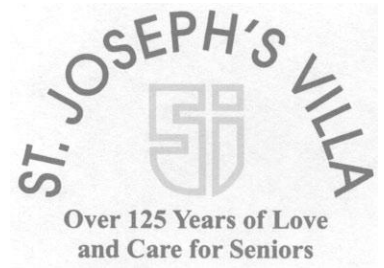
WASH YOUR HANDS FOR 15 SECONDS

RUB THE GEL AROUND YOUR HANDS, FINGERTIPS AND KNUCKLES UNTIL DRY

Please only visit one person each visit and assist that resident to wash his or her hands as well.



**Information Session
Presented by St. Joseph's Villa
Family Council**



Speaker: Bill Dermody, Estate Lawyer

Topics to Include:

- End of Life Care: How can I speak myself, or who will speak for me?
- Consent and Capacity: Our legal system
- Substitute Decision Makers: Default SDM and the role of the Office of the Public Guardian and Trustee
- Powers of Attorney: Property and Personal Care
- Living Wills, Last Wills
- Advance Care Directives
- Funeral Care

Question and Answer Period

When: Saturday, June 6, 2009 at 10:00 a.m.

Where: St. Joseph's Villa, 56 Governor's Road

Room: Villa Auditorium

A light brunch will be provided.

May Day Yard Sale

The St. Joseph's Villa Spirit Committee is hosting a

MAY DAY Bake & Yard Sale

on Friday, May 29th in the Villa Auditorium.

If you are doing Spring cleaning or de-cluttering, and want to donate your "stuff", you are welcome to contribute to the Yard Sale.

Items can be left at Reception.

***We cannot accept electronics, clothing
& large furniture items.***

Thank you for supporting your Spirit Committee.



Resident Safety First at St. Joseph's Villa

As part of the Villa's commitment to resident safety, the Villa conducts monthly and annual drills on its Emergency Code procedures. This ensures that employees are prepared in response procedures and to also test revisions made to evacuation and fire preparedness plans as a result of previous drills. The annual evacuation drills provide good information on: upgrading resident safety plans; complimenting monthly fire drills; regular inspections by the Dundas Fire Department; and ongoing reviews of the Emergency Preparedness plans.



On May 12, students from St. Mary's Highschool will participate in the evacuation drill exercise. They, along with any resident who wishes to participate, will be evacuated from the RHAs, following a mock scenario to initiate the evacuation procedure to the auditorium. Students will be assigned to act as one of the following:

Ambulatory Resident – is able to walk independently or with assistance. They may take short rest periods while walking.

Assisted Resident – Uses a wheelchair, electronic wheelchair, cane or walker. May require staff to assist them with their devices.



Wheelchair – May be independent with wheelchair, or may require staff assistance to move from place to place.

Uncooperative – This may be any of the above, with refusal to follow direction, may be agitated or confused. May require further assistance, or need to be re-approached after agitation has decreased.

They are evacuated to the auditorium holding area from where the exercise is concluded. In a real situation they would be transported to off-site holding areas in accordance with our Hamilton Long Term Care Emergency Shelter Agreements relocation centres.

The exercise takes about 1 ½ hours to finish and concludes with a post-exercise meeting to discuss the process and perhaps changes to make it more efficient. While we hope we never find ourselves in an evacuation situation, as with most things, the more you practice the better you become.

Assessing Residents' Quality of Life and Satisfaction at St. Joseph's Villa: May 2009

Ensuring that our residents are well cared for and comfortable is our primary goal at St. Joseph's Villa. In order to meet this goal, it is necessary for us to hear from the residents and their families the things we do well, and the areas where we may need to improve.

As many of you are aware, residents' satisfaction and quality of life is assessed every year. This year in May three trained interviewers will be conducting in-person interviews with residents using a satisfaction survey. In addition, there is a survey specifically for family members to complete if a resident is unable to complete the resident survey.

A large *random* sample of residents will be approached to see if they would like to take part in an interview. Because selection is random, every resident will have an equal chance at being asked to complete an interview. As mentioned, for those residents who are unable to complete an interview, family members will be mailed a satisfaction survey.

Although completing the surveys is voluntary, it is important to participate so that your input can be used to improve our services and care practices. If you have any questions or concerns please feel free to contact me at (905) 627-9011, Ex. 2322.

Maureen Tettman
Quality of Life Director

Important Parking Message

Please be aware of parking restrictions while on Villa property. Vehicles parked outside of designated parking spaces or along a fire access route are subject to be tagged and/or towed as per City of Hamilton By-laws 01-220 and 01-217.

