



St. Joseph's Villa
Celebrating 130 Years



Bulletin

“Peter the Great”

Peter Galashan was born in 1956 and as an infant was diagnosed with cerebral palsy. Through sheer determination and encouragement from a loving family, Peter pursued a variety of interests. His accomplishments are amazing – a bronze medal in 1982 at the International Cerebral palsy Games in Denmark. He also was successful at completing a computer programming course at Mohawk College. Peter's greatest passion, however, was for creating “magic”. For 36 years, “Peter the Great” entertained thousands of people with his performances at hospitals and other venues throughout the City.



Peter lived in supportive housing for 20 years before suffering a stroke. On February 24, 2003, Peter was discharged from hospital to his new home at the Villa. Today Peter brings magic to the Villa every day with his infectious smile, and his amazing personality.

Peter has a real passion for computers. He, along with a few other Residents, and with the assistance of staff, is attempting to start a computer club. He also welcomes new staff by being a presenter at orientation. He delivers the newspaper to the Foundation office every day. He is always seeking out other tasks to help out.

Peter continues to share an inner magic as he motors throughout the Villa halls. His strength of spirit and outlook is an inspiration to everyone.

Tuck Shoppe News

The Tuck Shoppe will be open five nights currently Monday evening till Thursday evening 6:30 p.m. to 8:00 pm. On November 6 it will start the full week Monday to Friday evenings 6:30 to 8:00 p.m. Volunteers are always being sought. The Christmas Bazaar will be held on November 20th (Friday). There will be a bake sale included. The day will start at 9:00 a.m. and go until 5:00 p.m. Depending on items left the set up will remain through the weekend so people can purchase them. There are some lovely items for the sale and silent auction. All donations gratefully accepted.

Ontario Will Offer H1N1

Beginning the Week of October 26, adjuvanted H1N1 flu vaccine was offered to all Ontarians that need and want it, starting with:

- ☞ People 65 and under with chronic conditions
- ☞ Pregnant women
- ☞ Healthy children 6 months to under five years of age
- ☞ People living in remote or isolated communities
- ☞ Health care workers, and
- ☞ Household contacts and care providers of persons at high risk who cannot be immunized or may not respond to vaccines

Unadjuvanted vaccine will not be available until later in November. All pregnant women with pre-existing health conditions and health pregnant women in the second half of their pregnancy (more than 20 weeks) should speak to their health care provider about receiving the adjuvanted vaccine. Healthy pregnant women in the first half of their pregnancy are at less risk of complications from the flu, and should wait to receive the unadjuvanted vaccine, when it is available.

People age 10 and over will require one dose of the H1N1 vaccine for full immunity and children under 10 years old will require two-half doses, a minimum of 21 days apart.

As part of phase one, seasonal flu shots were offered to people 65 and older, as well as residents of long-term care homes. Phase two will immunize Ontarians against the H1N1 virus. During phase three, immunization against the seasonal flu will be offered to people under 65. The vaccines will be offered by public health across the province.

Quick Facts

An adjuvant is a substance that is added to a vaccine in order to boost the individual's response. It also means that less of the virus or "antigen" is needed to make a dose of the vaccine. Unadjuvanted vaccine has no "immune boosting" element, and more antigen is needed to create this kind of vaccine.

Adjuvants are made entirely from naturally-occurring ingredients such as oil, water and Vitamin E. Adjuvants can be found in many common vaccines. The adjuvant in the H1N1 vaccine has been tested with over 39,000 people around the world. For public inquiries call Service Ontario, INFOline at 1-866-532-3161.

At the Villa: H1N1 vaccinations of our under 65 high risk residents and all health care workers is expected to begin November 3rd. The facility hopes that all health care workers will appreciate the importance of vaccination in protecting our "at risk" populations and those at risk at home.



Family Council

The next Family Council meeting will be on Monday, November 16, 2009 from 7:00- 9:00 p.m. in the Boardroom. Family members are welcome to attend.

GoldDigger Party - Do you Need Extra Cash for Christmas?
The Foundation held their 1st Golddigger Party on Friday, October 13th and it was a huge success... we're planning another one!

Do you have jewelry boxes full of forgotten gold trinkets, knotted gold chains, unmatched gold earrings or items you no longer wear? Now you can make money by selling them at our Fundraiser Gold Party.



A true win - win! You will receive instant payments for your unwanted jewelry while helping support St. Joseph's Villa Foundation (without digging into your pockets). (Gold Party Toronto will donate 15% of the value of the gold purchased to St. Joseph's Villa Foundation.) Not sure if your items are "real" gold. Bring them anyway...we will have a few appraisers on-site who can quickly appraise your items. Call Laurel at (905) 627-9011 x2293 for more information. A date & time will be scheduled based on # of people interested. Refreshments will be available.



St. Joseph's Villa Foundation held their 6th Annual Neil McArthur Memorial Golf Tournament on Tuesday, October 6th at Dundas Valley Golf & Curling Club. The weather was beautiful and a good time was had by all. We are pleased to report we raised \$61,000. Thanks to the Therapeutic Recreation staff and the residents for assisting with decorating the photo albums. Our golfers really appreciated having a peek at the activities and program that are held at the Villa.



Flanders Fields

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders Fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.*

*If ye break faith with us who die
We shall not sleep, though poppies
grow
In Flanders Fields.*

John McCrae

