



St. Joseph's Villa  
Celebrating 130 Years



*Bulletin*

### **The Butterfly Counts Moments not Months**

Lorraine Denman has been a Villa resident since 2001. She was not extremely mobile when she first arrived and required physical assistance. She has had to fight many health issues including a brain tumor, which she continues to fight today. With all of this in mind, this is how our beautiful butterfly has transformed.

Today you would never know Lorraine was once in a wheelchair (although that never kept her from motoring out and about). She attributes her walking ability to the wonderful Therapy staff (Joan, Sandy and Chris). She keeps busy with her knitting, and baking cookies - she has dozens of Christmas cookies already baked. She enjoys swimming and will take others with her if she can. She loves to walk and will often just head into the Village. She keeps busy delivering the resident mail and volunteers in the Tuck Shoppe. She is President of Residents' Council where she likes to "shake up" things and get others thinking. It is difficult to keep up to Lorraine.



Lorraine is part of the "Welcome Committee". She greets all new residents that will be living in the McArthur Wing and presents them with her "Butterfly Welcome Card". The butterfly represents transition and hope. She comforts them, bringing reassurance to these individuals and attempting to ease their anxiety. She remembers her experience years ago and what it would be like to have a "friend" to talk to. She is that "friend". She talks about the activity calendar and will help get them to functions if necessary. She loves to share that "one" can be happy when moving to the Villa. She is thoughtful and compassionate and hopes to do our Lord's work for as long as she can. She is the Villa's butterfly!



## **Change in the Villa Bulletin**

The Villa Bulletin was introduced when the Villa was experiencing reconstruction/rebuilding as a tool to keep families and residents informed of what was happening at the Villa. There are close to 600 copies made to insert in the invoices as well as some distribution to the Resident Home Areas. The Bulletin is also available on the website ([www.sjv.on.ca](http://www.sjv.on.ca)).

If you feel the Villa Bulletin is a worthwhile means of communication, and would like to continue to receive it, please add a note to your invoice and/or your email address if you preferred it sent by email. We will continue to create the Bulletin, and post it on the Villa website, and make some available at Reception and on the RHAs.

## **Flu Season Alert**

As you are now well aware, there has been direction received from the MOHLTC as to this year's flu season and the circulating H1N1 pandemic virus. At present the direction has been to administer the seasonal flu vaccine to all of our residents mid to late October and then in late November, administer the H1N1 vaccine. As always, we are monitoring the direction of the Ministry and local Public Health Department for the best possible protection for our high risk population. The availability and quantity of the H1N1 vaccine will be known later as to how, when and where this will be distributed. If you have any questions or concerns, the public health department is more than happy to handle your enquiries and will have the most current data. They can be reached at 905-546-2063.



As always – please, if you are feeling unwell or have just started to feel better; postpone your visit until at least 5-7 days after the first day your symptoms started. This is to protect this highly vulnerable population from viruses that are still shedding in your cough, sneeze and mucus.

## **Golden Wear – Be There**

Golden Wear is a Canadian company based in Manitoba. Their focus is on creating quality, affordable, and functional clothing for those that have special needs. Every effort is made to have their clothing manufactured within Canada and all cloth used in the products bearing the Golden Wear label are tested within care home laundries prior to manufacture. Come and see them when they bring their mobile service to the Villa, or visit them @ [www.goldenwearclothing.com](http://www.goldenwearclothing.com) . Golden Wear will be in the Auditorium on October 21<sup>st</sup> from 10:00 to 3:00.

## Be Entertained - Fun for Fall for Residents!

- Musical Entertainment by the Frankie Richard's Duo in the Auditorium on Wednesday, October 7th at 2:30 p.m.
- Fire Training session for residents who are interested at the Residents' Council Meeting on Wednesday, October 14th in the boardroom at 2:00 p.m.
- Wednesday, October 14th there will be a laughter therapy session held in the Auditorium at 2:30pm with a maximum of 20 people.
- Thursday, October 15th from 10:00 a.m.- 3:00 p.m. a book fair held in the Cassday Cafe, front entrance and in front of the Conservatory Lounge area for residents, staff and family members.
- Monday, October 19th there will be a Fall Social in the Conservatory Lounge for all residents at 2:30 p.m. including fall goodies, treats and beverages
- Any residents who would like to join in the annual Hallowe'en Parade from 10:00 a.m. - 3:00 p.m. on Friday, October 30th are welcome to join at any time in their costumes, we will be visiting each home area throughout the day.



## News from the Tuck Shoppe

Happy Hallowe'en – don't miss out on the fun scheduled for October 31- Halloween Party in the Auditorium, with Carol and her famous Karaoke.

The Tuck Shoppe is now open on weekends from 9:00 a.m. to 4:00 p.m. on a trial basis to serve bagels, muffins etc. It was a success in the first week and also worked on the holiday Monday.

The Clothing Shop has been refurbished for Fall and Winter. Drop by, browse and pick up a bargain.



## The Dentist is Coming – The Dentist is Coming - Direct Dentistry

This complete dental care program is available to residents of St. Joseph's Villa. Direct Dentistry Services has recognized that it's often difficult or perhaps not even possible to transport an elderly parent or loved one, so they bring the service to the Resident Home Area.

Their next dental clinic will be held at the Villa on Wednesday, October 28, 2009. Continued dental care is of utmost importance all throughout life. Please contact their office for more details directly at 416-964-0465 or Toll Free at 877-964-0465. Or talk to your Unit Manager.



# *Happy Thanksgiving*

## Thanksgiving

Just a reminder that Thanksgiving is just around the corner. If you're still pondering what to serve, purchase the Villa Cookbook to browse through many special recipes for this occasion. The cookbook is packed with mouth-watering recipes that are sure to become family favourites.

Pick up a copy at Reception for the low, low price of \$15.00. Have a Wonderful Thanksgiving!

