



St. Joseph's Villa  
Celebrating 130 Years



Bulletin

## Life is a Journey

Gloria Boyle was first diagnosed with breast cancer in 2002, then emergency gall bladder surgery, followed by a life-threatening battle with non-Hodgins lymphoma – only to suffer a massive stroke one week after her chemotherapy sessions were over. At the time of her stroke, her physical state was very weak and she was assessed incorrectly. Her prognosis was not very optimistic. She was told that she would never be able to sit up, and that she should be thankful she could lift a spoon to her face. In February 2004, family members toured St. Joseph's Villa and decided unconditionally that this was the place for their mother.

A personalized therapy program was planned and with the encouragement and comfort she received from staff she was eventually up walking. She began to heal physically, and she appears to have won the battles with cancer. She has aphasia, and communication with her is all the more challenging, yet staff always have time for her and attempt to decipher what she is saying. Post-It notes can be found throughout her room describing her likes and dislikes. Staff have gone above and beyond, always challenging Gloria and encouraging her in perfect balance.

Gloria's journey has been one that required a lot of love, care, support and determination. Today, Gloria is an active resident at St. Joseph's Villa. She spends several hours a day practicing the piano. She wheels herself from the McArthur Wing to the Juravinski Wing where the piano is located. She also makes her trips to the pool to attend the weekly swim programs.



**Neil McArthur Memorial Golf Tournament** – October 6, 2009 at Dundas Valley Golf & Curling Club. ***This is one tournament you won't want to miss!*** Cost \$225.00 per golfer (includes green fee, golf cart, lunch, dinner, registration gift, mulligan & contests). ***Register early as we sold out in July the last 3 years!*** There are sponsorship opportunities available and we still require live auction items and prizes.

If you can help us call Laurel in the Foundation office at (905) 627-9011 ext. 2293 for more information. Proceeds from the tournament will go towards the building redevelopment project and program & services for seniors.

## Time Share

Are you looking to complete your community service volunteer hours? We have the following volunteer positions available at St. Joseph's Villa starting this Fall:



β A Walk and Talk Program: taking residents outside and interacting with them while visiting on one-to-one basis.

β Meal Companion Program: for the mature student, this program assists nursing with residents' evening meals. There is training available for this program.



β Monday Nights are Manicures: Female volunteers wishing to assist the Therapeutic Recreationists' with nail art please call.

For further information, contact Coordinator of Volunteers, Jennifer at 905-627-3541 extension 2240.

## CAPCE (Comprehensive Advanced Palliative Care Education)

The Villa is pleased to announce that Elaine Ford RPN has enrolled in this advanced course which is set out for Registered Staff. To enhance expertise, the CAPCE program for nurses was developed and launched in 2003 across Southwestern Ontario. Today, CAPCE is delivered across much of province of Ontario. The program focuses on building capacity and supports the development of Hospice Palliative Care Resource Nurses in facilities, agencies and communities. Elaine is an active member of the palliative care committee and has approximately 17 years experience in long-term care. Following course completion, Elaine will serve in the capacity as a Resource Professional practicing as a competent primary hospice palliative care clinician and supporting the development of skills among her peers. Any questions can be directed to Jenn Banks ext. 2426.

## Let's Go Shopping - Geri Fashions

Date – Wednesday, September 9<sup>th</sup>

Time – 10:00 a.m. – 3:00 p.m.

Place – St. Joseph's Villa Auditorium

56 Governor's Road

Dundas, Ontario (905) 627-3541 ext. 2233

Regular and Adapted\* Clothing \*for residents and special needs

Dresses    Leisure Wear    Sweaters    Night-time Wear



## Recreation Events for Residents For September

- Grandparents' Day Tea in the Auditorium on Monday Sept. 14th at 2:30 p.m.
- Diner's Club on Tuesday, Sept. 15th will be Kentucky Fried Chicken
- Rattlesnake Presentation (not real snakes) - Thursday, Sept. 17th at 2:30pm in the Auditorium
- Musical Entertainment provided by: Mr. Music on Saturday, Sept. 19th at 2:00pm in the Auditorium



### Dr. Brittain

Thank you for your many years of dental service in the Villa Clinics. Your gentle approach and kindness for the Villa residents was appreciated. Good Luck on your new journey.

## Welcome Direct Dentistry Services – On-Site Dental Care Services Dr. P.A. Brymer and Associates

### About Them!

This complete dental care program is available to residents of St. Joseph's Villa. Direct Dentistry Services has recognized that it's often difficult or perhaps not even possible to transport an elderly parent or loved one, so they bring the service to the Resident Home Area.



Their staff goal is to maintain adequate oral health for the residents in an effort to ward off serious conditions that can stem from poor oral hygiene such as aspiration pneumonia, heart disease, stroke, diabetes, respiratory disease and osteoporosis.

The three person teams consist of a Licensed Dentist, Dental Assistant and Team Manager. They are completely equipped and aspire to provide the highest quality dentistry.

They encourage feedback through their Quality Assurance Surveys that are provided to the homes at the completion of each on-site dental clinic. These surveys provide them with a basis to ensure the highest quality service is being provided.

To assist staff, resident and family members, they will attend Family and Residents' Council meetings as well as provide free –inservice dental education programs so that they can share the importance of dental and denture care, proper denture cleaning methods as well as the importance of maintaining a proper oral hygiene program in a Long Term Care setting. If you would like to know more about this service, please return the attached form to Reception.